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What is claimed is:

- 1. A composition for the treatment or prevention of alveolar destruction in a mammal comprising a pharmaceutically effective amount of an RAR  $\beta$  antagonist having RAR specific modulating activity
- 2. The composition of claim 1 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$ .
- The composition of claim 1 wherein said RARβ
   antagonist is not specific to RARγ.
  - 4. The composition of claim 1 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$  or RAR $\gamma$ .
- 20 5. The composition of claim 1 wherein said composition further comprises said RARβ antagonist in dissolved form.
- 6. The composition of claim 5 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$ .
  - 7. The composition of claim 5 wherein said RAR $\beta$  antagonist is not specific to RAR $\gamma$ .

- 8. The composition of claim 5 wherein said RAR  $\beta$  antagonist is not specific to RAR  $\alpha$  or RAR  $\gamma$  .
- 9. An aerosol for pulmonary delivery of a pharmaceutical composition, said pharmaceutical composition comprising an RAR  $\beta$  antagonist having specific RAR modulating activity.
- 10. The aerosol of claim 9 wherein said RARβ10 antagonist is not specific to RARα.

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- 11. The aerosol of claim 9 Wherein said RARβ antagonist is not specific to RARγ.
- 15 12. The aerosol of claim 9 wherein said RAR antagonist is not specific to RARα or RARγ.
  - A method for the treatment or prevention of alreolar destruction in a mammal comprising the step of administering a therapeutically effective amount of an RAR  $\beta$  antagonist specific RAR modulating activity to said mammal.
- 14. The method of claim 13, wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$ .
  - 15. The method of claim 13 wherein said RAR $\beta$  antagonist is not specific to RAR $\gamma$ .

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- 16. The method of claim 13 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$  or RAR $\gamma$ .
- 17. The method of claim 13, wherein said composition is administered in the form of an inhalant.
  - 18. The method of claim 17 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$ .
- 10 19. The method of claim 17 wherein said RAR $\beta$  antagonist is not specific to RAR $\gamma$ .
  - 20. The method of claim 17 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$  or RAR $\gamma$ .
  - 21. A method to increase the gas-exchange surface area of a mammalian lung in a mammal in need thereof comprising the step of administering a therapeutically effective amount of an RAR  $\beta$  antagonist having specific RAR modulating activity to said mammal.
    - 22. The method of claim 21, wherein said RAR  $\beta$  antagonist is not specific to RAR  $\alpha$  .
  - 23. The method of claim 21 wherein said RAR $\beta$  antagonist is not specific to RAR $\gamma$ .

- 24. The method of claim 21 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$  or RAR $\gamma$ .
- 25. The method of claim 21, wherein said composition is administered in the form of an inhalant.
  - 26. The method of claim 25 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$ .
- 10 27. The method of claim 25 wherein said RAR  $\beta$  antagonist is not specific to RAR  $\gamma$  .
  - 28. The method of claim 25 wherein said RAR $\beta$  antagonist is not specific to RAR $\alpha$  or RAR $\gamma$ .
  - 29. The RARβ antagonist of any of the foregoing claims, comprising the structural formula:

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wherein

- a) X is selected from the group consisting of CR2,
- O, S, and NR;
- b) R' and R'' are each independently selected from25 the group consisting of H and lower alkyl;
  - c) Ar and Ar' are each independently a single ring aryl moiety; and

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- d) B is selected from the group consisting of -CR'CH--,
  --CHCR'--, --COO--, --OOC--; --COHN--; --NHOC--;
  --CSHN--; and --N#SC--.
  - 30. The RARB antagonist of claim 29 wherein Ar and Ar are each independently selected from the group consisting of substituted or unsubstituted phenyl, furyl, thienyl and pyridyl groups.